

**THE 7-DAY
DATING AND
RELATIONSHIP
PLAN FOR
GAY MEN**

*Practical Advice from the
Gay Matchmaker*



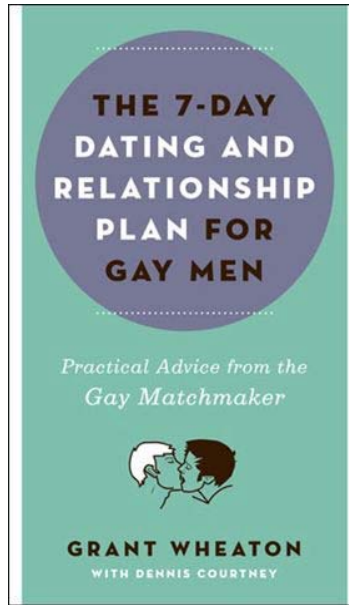
GRANT WHEATON

WITH DENNIS COURTHEY

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*Practical Advice
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Grant Wheaton
with Dennis Courtney



As the founder/owner of ManMate, Inc., America's largest, personalized dating and relationship service for gay men, and as a workshop leader and coach, I have guided thousands of gay men through the often-treacherous trenches of dating. I've also seen hundreds of happy couples formed in the process. Throughout over 20 years of extensive matchmaking, I have encountered firsthand every situation imaginable. Because so many guys have become eager to confide in me and have felt free to speak from the heart, **I really have heard and seen it all!**

Meeting the right men for dating and relationships these days seems so overwhelming to many – bars, clubs, chat rooms, internet, speed dating, cell phone, blackberry, iphone, little black book – help! Where does one start? What's needed is a Plan – a place to start – some basic principles based in humanity and common sense, not just externals. ***The 7-Day Dating and Relationship Plan for Gay Men*** offers a way through all the madness and distractions to a clear path.

My Plan uses proven principles, which can be applied successfully to all dating and relationship challenges. I use situations and people I have encountered as examples. This Plan is intended to be much more than a "What-To-Do-And-What-Not-To-Do-On-A-Date" lesson. It delves deeper to help the reader evolve in many areas of his life, making him a more desirable partner.

Part 1 is the 7-Day Plan – each day you spend some time and focused energy on a principle to first improve yourself and then extend toward finding the right relationship for you.

Part 2 offers practical advice from me, the Gay Matchmaker, the "Dolly Levi of Gay New Yorkers", and other fun ways of exploring the ins and out of modern day dating.

I have found that so many dates fail even before they begin because the men simply aren't ready for the dating process. Dennis and I hope that this Plan will be of enormous help to all the men who read it.

- Grant Wheaton, author

About the Authors



Grant Wheaton is the owner and founder of ManMate, the oldest and largest personalized gay introduction service in America. Since 1985, he has met and worked with over five thousand men and successfully introduced many hundreds of couples and soul mates in the process. Grant has been dubbed “the Dolly Levi for Gay New Yorkers” by the press. For over fifteen years, he has continued to conduct highly popular dating and relationship workshops and classes. Grant has written advice columns and consults with and coaches clients on a regular basis. His enthusiasm and expertise as a dating and relationship specialist have prompted a recent magazine reporter to exclaim, “Thank God for Grant Wheaton!” He has also worked extensively as an actor—onstage and in numerous films, daytime soaps, and commercials. Grant lives in New York City.

For further information on Grant Wheaton or ManMate, Inc.,
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or visit our website at www.manmate.com.



As a writer, Dennis Courtney contributes treatments and special material for many entertainment events in both corporate and theatrical venues. He also works as a "script doctor" and has been critically acclaimed for writing original revues that have been produced across the United States. Dennis is also a nationally known award winning stage director, choreographer, and figure skater. As a performer, he has appeared in numerous Broadway and national touring shows. Dennis is based in New York City.

Representation: Ron Gwiazda

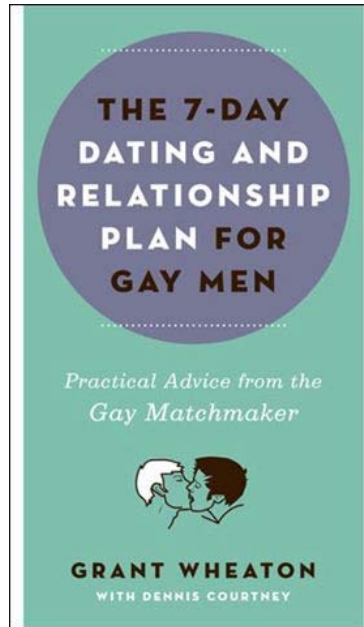
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Book Details



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Book Description

Matchmaker, matchmaker, make me a match!

How does a single gay guy find his way to the right, lasting relationship? Our dating expert shares authentic sagas straight (so to speak) from his client's experiences to illuminate his seven principles, developed to help navigate today's dating challenges. From numerous tips and amazing but true anecdotes to fun-filled facts about where the boys are, readers will escape the dating minefields and find relationship success.

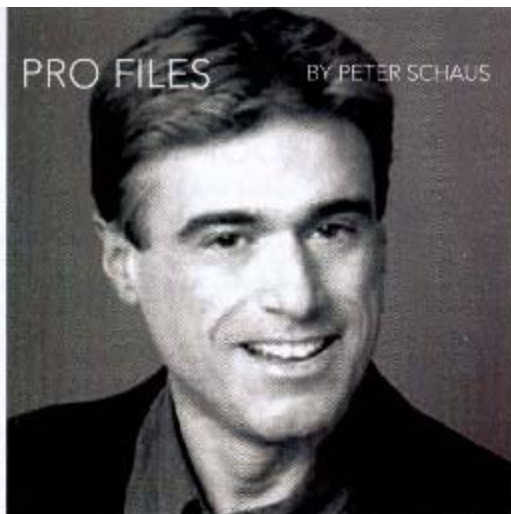
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Dennis Courtney is a writer whose critically acclaimed reviews have been produced across the United States.

PRO FILES

BY PETER SCHAU



MANMATE.COM

WHERE THE MEN ARE

Summer is in full force and, if you're like us, you're ready for your big opening-scene-from-Grease-makeout at your Fire Island summer shara. Unfortunately, your annoyance with the pretentious atmosphere of the clubs (as well as Pink's "U - Ur Hands") has kept you at home. You'd check Myspace.com but you find that too many of the men on there are looking for hook-ups. Where should you turn for your summer lovin'?

Fortunately, there's the 22-year-old Manmate.com (and its founder/chief matchmaker Grant Wheaton) to help you find your future honey. Forget that tranny dressed as Carol Channing you met in the Village last Halloween, Wheaton is the real Dolly Levi—with an upcoming book titled *Practical Advice from the Gay Matchmaker* to prove it. After an in-depth interview, Manmate personally hand selects the most compatible guys out there for you. And if you want to increase your odds, you have the option to go on a date with not one, not two, but seven other men on the Manmate-sponsored Dinner for Eight. According to Wheaton, most clients choose to sign up for both options.

"For the one-on-ones, my client has me looking through his eyes at the entire base for his most compatible man," he explains. Dinner for 8 is also a good choice because "[the client] can then assess who he'd like to date or be friends with and let us know, so that they can set up a meeting one-on-one." The success stories are wide and varied, but almost all give full credit to Manmate. "Something happened recently that was amazing," says Wheaton. "I left a message for a new client to set up a meeting. At that moment, he was coming into his office with a gay couple who were new clients of his, and he was asking them where they met. They told him they met through ManMate about 10 years ago, just as he started listening to the message from me. Needless to say, he joined."

manmate.com

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	TRIPLE LETTER SCORE	<p>ManMate's gay matchmaker Grant Wheaton wants to help you find your soulmate. So here are ten tips on how to get started.</p>					M ₃
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Tips for the First Date

- 1. CHOICE OF PLACE TO MEET.** Very important. Make it a quiet, neutral place outside of your home or apartment and away from noisy gay bars. You want to be able to communicate easily.
 - 2. FOCUS ON THE OTHER GUY.** Since this is a new opportunity to connect, avoid distractions. Relate directly to him and listen to what he has to say. This is especially helpful if you tend to be nervous or quiet at first.
 - 3. BALANCE THE CONVERSATION.** Don't monopolize it with a rambling verbal résumé about yourself or accomplishments. This is a first date, not a job interview. Give and take.
 - 4. STAY IN THE PRESENT.** Avoid talking about ex-boyfriends or any horror stories from the past. Believe me, he doesn't want to hear about it on your first meeting. Concentrate on interests or points of view you have in common. Deal with now, not then.
 - 5. POSITIVE ENERGY.** Let's face it. First impressions are important. If you're exuding negative energy or a rigid demeanor, who's going to be interested? Lighten up.
 - 6. GETTING SEXUAL RIGHT AWAY.** Doesn't usually work out. Allow yourself time to balance physical attraction with other important elements like basic communication and similar outlooks and interests. Give it a chance to be more than a sexual encounter.
 - 7. PACING.** You can't take a relationship faster than the pace at which both guys are comfortable. In other words, if you tend to be more intense or serious than the other guy, ease up. Allow him time to discover how he feels and wants to proceed. Let go of needing to control the outcome.
 - 8. UNEQUAL ATTRACTION.** This means tuning into vibes from the other guy. Be honest with yourself. Often the level of attraction is not equal. If you sense your attraction to him is not really reciprocated, don't try to force the issue. Let it go and direct your energy toward a more promising candidate. And if you're the one who's less interested, let the other guy know as quickly and tactfully as possible. Don't leave him in limbo.
 - 9. FOLLOW THROUGH AND RESPECT.** Unreturned phone calls and lack of follow through are a real drag. We've probably all been on both sides of this issue. It's really simple. Have enough respect for each other to follow through and communicate where things stand. That way you can both move forward.
 - 10. SPECIAL QUALITY.** You've got it. Acknowledge it to yourself and let it come through on all your future dates.
- Good luck!

Editor's Note: To find out more information on ManMate's dating services check out their website at www.manmate.com. Grant Wheaton also conducts private dating consultations. Call 212-580-7595 for details.